



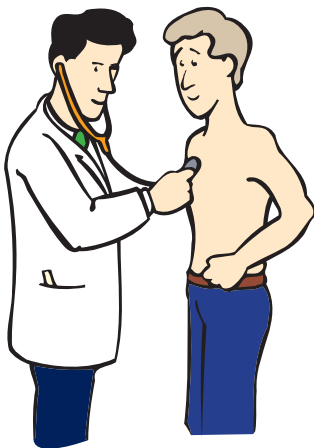
Consent - What you have a right to expect: A guide for people with learning disabilities

Consent - it's your choice



When you don't feel well or need care

You should see someone who can help you. It could be a doctor, nurse or care worker.



They want to find out what's the matter - they may need to examine you.



Or do something to help or care for you.



Before they do anything they must ask you to **AGREE** - to give your **CONSENT**.

Are you 16 or over?

You may be able to give consent for yourself.

Are you under 16?

You can give consent for some things.



Before **YOU** make up your mind, You need **INFORMATION** about:

- What you need - the treatment or care.
- Why it will help you.
- What the treatment or care will be.
- What might go wrong.
- How much better it will make you.
- What will happen if you don't have the treatment or care.



Ask questions if you don't understand or feel you want more facts.

You should have a relative, friend, or carer with you to help you ask questions and decide.



Take time to think about it.



You can say **YES**

You can say **NO**



Remember

Giving consent is up to **You**.

Note to Parents, Relatives or Carers

There are separate leaflets which will guide you in helping your child or the person you care for when they are asked to give consent.

Would you like more help with giving consent?

Here's a list of organisations you can ask for more help and support about giving consent to treatment and care.

Health and Social Services Councils

Eastern Health and Social Services Council

19 Bedford Street
Belfast
BT2 7EJ
Tel: 028 9032 1230
Minicom: 028 9032 1285
Email: ecouncil@ehssc.n-i.nhs.uk

Southern Health and Social Services Council

Quaker Buildings
High Street
Lurgan
BT66 8BB
Tel: 028 3834 9900
Minicom: 028 3834 6488
Email: reception@shssc.n-i.nhs.uk
Website: www.shsscouncil.net

Northern Health and Social Services Council

8 Broadway Avenue
Ballymena
BT43 7AA
Tel: 028 2565 5777
Minicom: 028 2565 5777
Email: info@nhssc.org
Website: www.nhssc.org

Western Health and Social Services Council

"Hilltop"
Tyrone and Fermanagh Hospital
Omagh
BT79 0NS
Tel: 028 82252555
Minicom: 028 8224 8389
Email: lpreston@hilltop.n-i.nhs.uk

Represent the interests of the public and provide information, advice and support on health and social services issues.

Mencap

Segal House
4 Annadale Avenue
Belfast
BT7 3JH
Tel: 028 9069 1351
Family Adviser Line: 084 5763 6227
Email: mencapni@mencap.org.uk
Website: www.mencap.org.uk

Provides information, support and a range of services for children and adults with a learning disability.

Carers Northern Ireland

58 Howard Street
Belfast
BT1 6PJ
Tel: 028 9043 9843
Email: infocarersni.demon.co.uk
Website: www.carersonline.org.uk

Provides information and support to carers and campaigns for carer's rights in Northern Ireland.

The Department will make this document available in Irish, Cantonese, audio tape and braille and will consider requests for translations into other minority ethnic languages.

Health Promotion Team
Department of Health, Social Services & Public Safety
Castle Buildings
Belfast BT4 3SJ

Telephone: 028 9052 0534
Textphone: 028 9052 7668
www.dhsspsni.gov.uk

March 2003

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Ref No. 202/02

March 2003